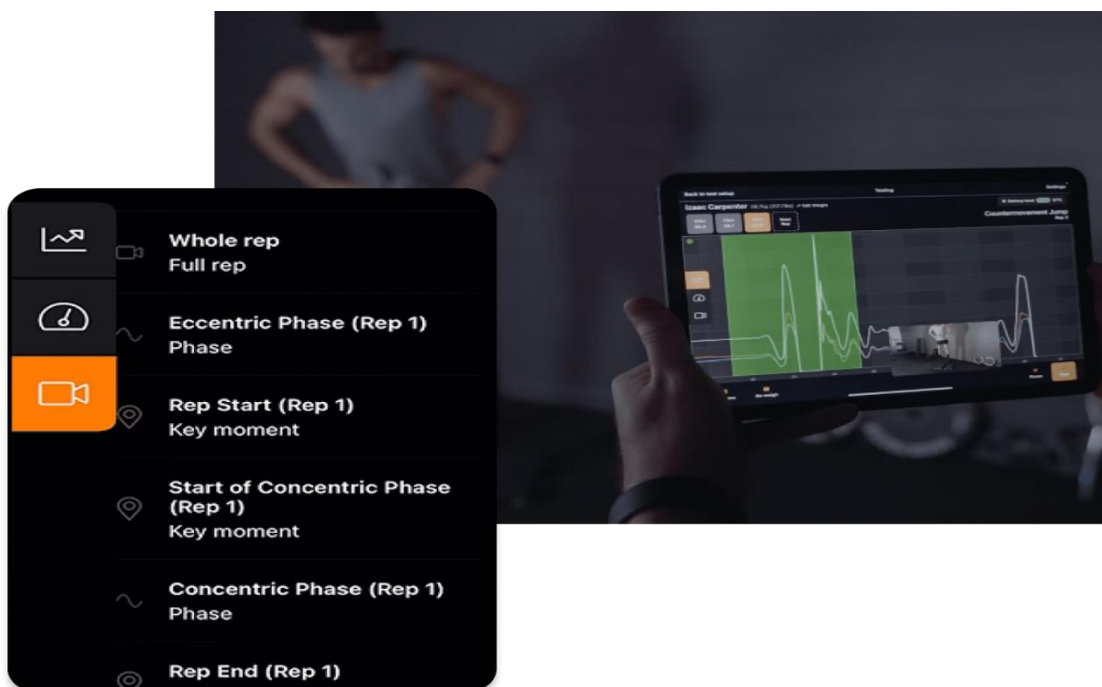


What is ForceDecks?

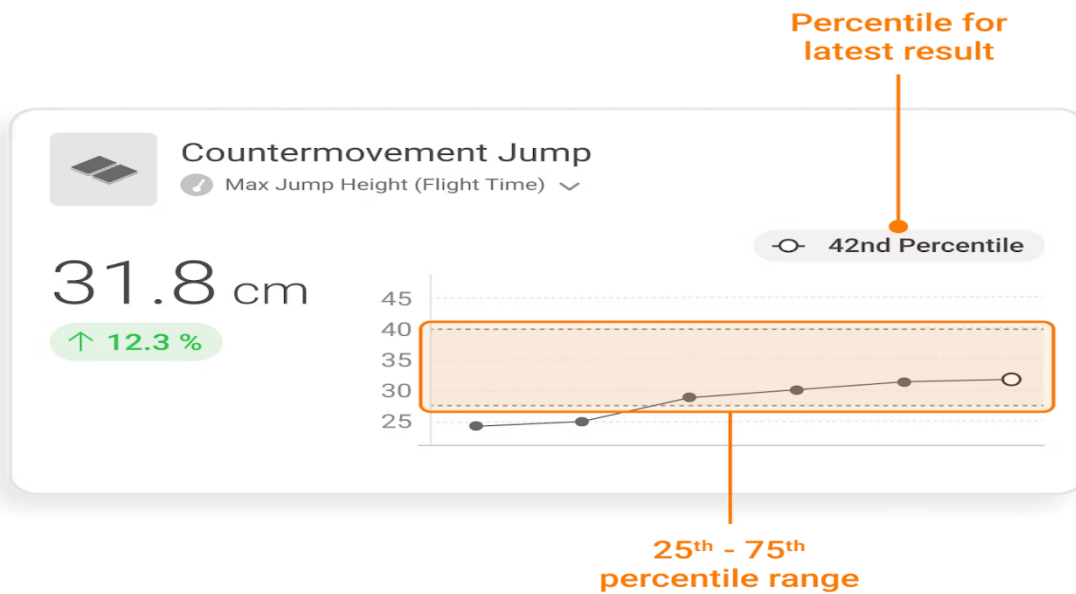
ForceDecks is a portable, powerful, easy-to-use force plate system for analysing jumps, strength, power, asymmetry and more.



With ForceDecks technology we can automatically detect and assess over 20 different movements, from squats to jumps, isometric strength, functional tests and clinical tests such as sit-to-stand and balance assessments. There's a test for almost any client or musculoskeletal pathology.



ForceDecks technology allows Innova Performance to assess professional sports clients, check how they perform strength tests, help them to better understand performance and suggest changes according to the results of ForceDecks data. In addition, the same system can be used to help patients with chronic limitations to improve performance in a safe way.



At Innova we treat every client according to the individual data provided by ForceDecks and other assessments and design solutions based on reliable and robust scientific studies. This informs our fundamental goal: our clients moving in a safe and effective way.